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[EMDR: 3 things I wish I'd known before I started trauma therapy](#)

EMDR: 3 things I wish I'd known before I started trauma therapy von Pooky Knightsmith Mental Health vor 1 Jahr 22 Minuten 141.393 Aufrufe In today's video I talk a bit more about , EMDR , - eye movement desensitisation reprocessing , therapy , - a NICE approved , treatment , ...

[Why EMDR Doesn't Always Work | Kati Morton](#)

Why EMDR Doesn't Always Work | Kati Morton von Kati Morton vor 3 Jahren 3 Minuten, 53 Sekunden 68.330 Aufrufe I'm Kati Morton, a licensed therapist making Mental Health videos! MY , BOOK , \"Are u ok?\" A Guide To Caring Your Mental Health ...

[Beyond Trauma: Proven and Effective Applications of EMDR | Webinar](#)

Beyond Trauma: Proven and Effective Applications of EMDR | Webinar von Foundations Recovery Network vor 3 Jahren 56 Minuten 1.837 Aufrufe Speaker: Gary Hees Eye Movement Desensitization and Reprocessing (, EMDR ,) has burst into the mainstream of addiction ...

[Brainspotting and Sexual Addiction: Restoring the Wisdom of the Nervous System](#)

Brainspotting and Sexual Addiction: Restoring the Wisdom of the Nervous System von C4 Recovery Foundation vor 1 Jahr 59 Minuten 4.232 Aufrufe A C4 Webinar originally presented on October 16th by Andrew Susskind, LCSW, SEP, CGP. In this webinar, attendees will learn ...

[PTSD Hyperarousal \(Six Steps To Help Now!\)](#)

PTSD Hyperarousal (Six Steps To Help Now!) von Barbara Heffernan vor 1 Jahr 14 Minuten, 29 Sekunden 5.056 Aufrufe PTSD , Hyperarousal (Six Steps to Help Now!) In this video, Barbara Heffernan, LCSW, , EMDR , Consultant, will outline six steps to ...

[THERAPYLAB #25 | Penny Belle | CPTSD and Adult ADHD](#)

THERAPYLAB #25 | Penny Belle | CPTSD and Adult ADHD von Harley Therapy vor 11 Monaten 48 Minuten 5.217 Aufrufe Penny Belle joins Sheri to talk about her experiences of being diagnosed with CPTSD (Complex Post Traumatic Stress Disorder) ...

[EMDR Self Administered with 528Hz Harmonics](#)

EMDR Self Administered with 528Hz Harmonics von isochronicalpha vor 6 Jahren 10 Minuten, 13 Sekunden 1.188.333 Aufrufe Other , EMDR , videos: Brain Massage - Isochronic Tones Followed by , EMDR , http://youtu.be/8s_u-RtCgcc Isochronic Tones ...

[How EMDR works? Look at this animation \(English\)](#)

How EMDR works? Look at this animation (English) von VEN EMDR vor 4 Jahren 2 Minuten, 10 Sekunden 813.850 Aufrufe

[1 Stunde EDMR 0.6 Hz experimentelles Videos zur Behandlung vom Posttraumatische Belastungsstörung](#)

1 Stunde EDMR 0.6 Hz experimentelles Videos zur Behandlung vom Posttraumatische Belastungsstörung von Mr. Goose vor 3 Jahren 1 Stunde 147.291 Aufrufe Bitte auf eigene Gefahr benutzen! Dies ist nur ein Video, dass ich für eigene Nutzung gemacht habe und weil es so rumlag auch ...

[Release Meditation Technique - Instruction by Founder Brendon Burchard](#)

Release Meditation Technique - Instruction by Founder Brendon Burchard von Brendon.com vor 6 Jahren 31 Minuten 2.230.622 Aufrufe How to meditate: \"Release Meditation Technique\" Mp3/transcripts on the blog: <http://tumblr.co/ZTb1Dv1OUs16y> Join Brendon's 5M ...

[Self-administered EMDR therapy](#)

Self-administered EMDR therapy von robertocarnivali vor 9 Jahren 10 Minuten, 5 Sekunden 749.802 Aufrufe When doing voluntary eye movement you are obligated to remain in the present and have access to your higher mental capacity.

[Bessel van der Kolk on Effective Trauma Treatment with EMDR](#)

Bessel van der Kolk on Effective Trauma Treatment with EMDR von PESI Inc vor 4 Jahren 6 Minuten, 48 Sekunden 27.795 Aufrufe Trauma , is about horror. A horrendous reality that you don't want to remember... Our clients are often dealing with the unspeakable ...

[PTSD, Trauma, \u0026 Resiliency - Arielle Schwartz - 274](#)

PTSD, Trauma, \u0026 Resiliency - Arielle Schwartz - 274 von Jayson Gaddis vor 11 Monaten 45 Minuten 2.090 Aufrufe If you or someone you love suffers from , PTSD , check this out. According to the American Psychiatric Association, , PTSD , can be a ...

[Die 25 COPING-SKILLS, DIE JEDER KENNEN SOLLTE!](#)

Die 25 COPING-SKILLS, DIE JEDER KENNEN SOLLTE! von Kati Morton vor 2 Jahren 10 Minuten, 45 Sekunden 392.168 Aufrufe Ich denke, es wäre cool, ein Video wie \"25 Coping Skill Ideas\" zu machen. Ich verbrachte viel Zeit damit, gesunde ...

[EMDR](#)

EMDR von Psychology In Seattle vor 3 Jahren 57 Minuten 2.538 Aufrufe Dr. Kirk Honda talks about the , trauma therapy EMDR , . The Psychology In Seattle Podcast. Jan 25, 2017.